



Chapel Hill Retirement Community Events Lakeside and Willow March 2010

"In like a Lion, out like a Lamb".



Sun

Mon
















Tue

Wed

Thu

Fri

Sat

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Quality of Life Staff Brenda Zahn Kathi Wirt Pat Tallman Daneale Sweet Sue Stefan Kathy Staaf Jennifer Pry Alaina Kouns Lynne Gerry</p>	<p>1 Barber Visits <u>Namaste</u> 9:30 Morning Stretch- L 10:00 Small Groups - L & QR 11:00 Setting the table - L 12:00 Chats with you - W 1:30 Reminisce - QR 2:00 Small Groups - LDR, QR 3:00 Conversation Ball - L 3:00 Beautiful Hands - W 4:00 1:1 Sensory time - W</p>	<p>2 <u>Dr. Sness's Birthday</u> 9:30 Morning Stretch- L 10:00 <u>Beauty Shop</u> 10:30 Tactile Fun - L 11:30 Personal Visits - W 1:30 Story Time - QR 2:00 Creative Pursuits - L 3:00 Small Groups - L 3:00 4:00 Poems & Fables - W</p> 	<p>3 <u>Namaste</u> 9:30 Matching Fun - L 10:00 <u>Ted Carper sines</u> - L 10:00 Sensory Activity - W 11:00 Preparing the table - L 1:30 Bells & Chimes - L 2:30 Small Groups - QR, W 3:00 Bowling - L 4:00 Preparing the table - L 6:45 Evening Service in the Chapel</p>	<p>4 Cocoa Puff visits 9:30 Beautiful Hands - L 10:00 What's in the box? - W & L 11:00 <u>Church - Lakeside</u> 1:30 Winding & Folding - L 2:00 Sensory time - W 3:00 Sandy plays keyboard - W 4:00 Preparing the table - L 5:00 Relaxation tapes - L 6:00 Beautiful Hands - W</p>	<p>5 <u>Festival of Owls Day</u>  9:30 Story Time - W 10:00 Small Groups - QR, L, LDR 11:00 Let's get moving - LDR 1:30 Guessing Games - QR 2:00 Reminisce - L 2:30 Beautiful Music - W 3:30 Bean Bag Toss - L 4:00 Setting the tables for dinner - L 4:00 Music of our lives - L</p>	<p>6 9:30 Let's Get Moving - L 10:30 Memory Fun - W 11:00 Preparing for lunch - L 1:30 Creating Art - L 2:00 Sing- a- longs - L 3:30 Visits with you - W 4:30 Favorite Music- L</p>
<p>7 <u>82nd Annual Academy Awards</u> 9:30 Service in the Chapel - (TV channel 21) 10:30 Beverages & Conversation - L 11:00 Story Time - QR 2:00 Small Group - L 3:00 Soothing Music -- W 3:30 Game Time - L</p>	<p>8 <u>1956 Movies Remembered</u> <u>Namaste</u> 9:30 Activities of Daily living - W 10:00 Faraway Places - L 11:00 Setting the table - L 12:00 Chats with you - L & W 1:30 Story Time - QR 2:30 <u>Sugarcreek</u> - GL 2:30 Sensory Activity - L 3:30 Small Group - QR 4:00 Preparing the table - L</p> 	<p>9 <u>Debut of Barbie doll 1959</u> 9:30 Morning Stretch- L 10:00 <u>Beauty Shop</u> 10:30 Tactile Fun - L 11:30 Personal Visits - W 1:30 Story Time - QR 2:00 Remembering our childhood - L 3:00 Small Groups - L 4:00 Game Time - W</p>	<p>10 <u>Anniversary of Telephone</u> <u>Namaste</u> 9:30 Matching Fun - L 10:00 Small Groups - W & L 11:00 Preparing the table - L 1:30 <u>Hill Jordan Burke</u> - GL 2:30 Small Groups - L, W 3:30 My Life Work - L 4:00 Preparing the table - L 5:00 Relaxation tapes & visits - L 6:45 Evening Service in the Chapel</p>	<p>11 <u>Funny Picture Day</u> 9:30 Beautiful hands - L 10:00 Sensory Box - W 10:00 Story time - L 11:00 <u>Church Lakeside</u> 2:00 Connections - W & L 3:30 Beautiful Chimes - L 4:00 Preparing the table - L 4:30 Relaxing Sounds - L 5:00 Relaxation tapes & visits - W</p>	<p>12 <u>Celebrate Your Name Day</u> 9:30 ADL's - L & W 10:00 Morning Stretch - L 10:00 Small Group - W 11:00 <u>Bingo!</u> - L 1:30 Sensory Groups - L & QR 2:30 Root Beer Floats - L 3:00 Musical Hat Fun - L 4:00 Preparing the tables - L 4:00 What's in the box? - W</p>	<p>13 9:30 Let's Get Moving - L 10:00 Brain Games - L 11:00 Preparing the table - L 1:30 Visits with you - W 2:00 Sorting & Finding - L 3:00 Reminiscing - QR 4:00 Visits with you - L</p>
<p>14 <u>Daylight Saving's Time Begins</u> 9:30 Service in the Chapel - (TV channel 21) 10:30 Sharing Stories & Poems - L 11:00 Setting our table - L 1:30 Reminiscing - L 3:00 <u>Stairwell Singers</u> - GL 4:00 Preparing our table - L</p> 	<p>15 <u>Namaste</u> 9:30 Morning Stretch - L 10:00 Vacation Getaway - L 11:00 Small Group - QR 11:00 Setting our table - L 12:00 Chats with you - W 1:30 Joggin Our Noggin - QR 2:00 Small Groups L & W 3:00 Corn Hole - L 3:00 Beautiful Hands - W 4:00 Preparing our table - L</p>	<p>16 9:30 Morning ADL's - L & W 10:00 <u>Beauty Shop</u> 10:00 Ball Toss - L 11:00 Setting our table - L 11:00 Sensory Music - W 1:30 Reminisce - L 2:30 Visits with you - W 3:30 Coloring fun - L 4:00 Preparing our table - L</p> 	<p>17 <u>St. Patricks Day</u> <u>Namaste</u>  9:30 Brain Games - L 10:00 Irish humor - L 11:00 Preparing our table - L 2:00 <u>Frank Gatto</u> - GL 3:00 Small Groups - QR & L 4:00 Preparing our table - L 4:30 Music We Love - L & W 5:00 Relaxation tapes & visits - L 6:45 Evening Service - Chapel</p>	<p>18 Cocoa Puff visits 9:30 Beautiful hands - L 10:00 Swaying to Music - L 10:00 Visits with you - W 11:00 Preparing our table - L <u>11:00 Lenten Church Service - L</u> 2:00 Connections - W & L 3:30 Jokes & Stories - L 4:00 Preparing our table - L 4:30 Relaxing Sounds - L</p>	<p>19  9:30 Story Time - W 10:00 Small Groups - QR, L, LDR 11:00 Preparing our table - L 1:30 Guessing Games - QR 2:00 Reminisce - L 2:00 <u>Duane Carlson</u> - GL 3:00 Movie Time & snacks - QR 3:30 Visits - W 4:00 Preparing our table - L 4:30 Relaxing Sounds - L</p> 	<p>20 <u>Spring Begins!</u> 9:30 Let's Get Moving - L 10:00 Sensory Scentsations - W 11:00 Preparing our table - L 1:30 Creative Pursuits - L 2:30 What's in the box? - W 3:30 Movie Time - L 4:00 Preparing our table</p>
<p>21  9:30 Service in the Chapel - (TV channel 21) 10:30 Beverages & Conversation - L 11:00 "What's My Line?" - QR 2:00 Small Group - L 3:00 Game Time - L</p>	<p>22 <u>Namaste</u> 9:30 Morning Stretch - L 10:00 Vacation Getaway - L 11:00 Small Group - QR 11:00 Setting our table - L 12:00 Chats with you - W 1:30 Trivia Challenge - QR 2:00 Small Groups L & W 3:00 Bowling - L 3:00 Beautiful Hands - W 4:00 Preparing our table - L</p>	<p>23  9:30 Morning ADL's - L & W 10:00 <u>Beauty Shop</u> 10:00 Connections - L 11:00 Setting our table - L 1:30 Spring time colors - L 3:00 Pet Parade - GL 3:30 Sensory Group - L 4:00 Visits with you - W 4:00 Preparing the table - L</p>	<p>24 <u>Invention Day</u> <u>Namaste</u> Smookey visits 9:30 Brain Games - L 10:00 Chimes & Bells - QR 11:00 Setting our table - L 2:00 Reminisce - L 3:00 Small Groups - QR & L 4:00 Preparing our table - L 4:30 Visits with you - W 6:45 Evening Service - Chapel</p> 	<p>25 Cocoa Puff visits 9:30 Beautiful hands - W 10:00 Connections - L 11:00 <u>Church Lakeside</u> 11:00 Preparing our table - L 2:00 "Gospel!" <u>Dave Pasco</u> - GL 2:00 Connections - W & L 3:30 Games of Movement - W & L 4:00 Preparing our table - L 4:30 Relaxing Sounds - L 5:00 Relaxation tapes & visits - L</p>	<p>26 9:30 Story Time - W 10:00 Small Groups - QR, LDR 11:00 Ball Toss - QR 11:00 Preparing our table - L 1:30 Guessing Games - QR 2:30 Tea Party Fun - L 3:00 <u>Homeschoolers</u> - GL 3:30 Beautiful hands - W 4:00 Preparing our table - L</p> 	<p>27 9:30 Let's Get Moving - L 10:30 Brain Games - L 11:00 Visits with you - W 2:00 My Family - L 3:00 Movie Time - QR 4:00 Visits with you - L</p>
<p>28 Palm Sunday 9:30 Service in the Chapel - (TV channel 21) 10:30 Beverages & Conversation - L 11:00 Story Time - QR 2:00 Small Group - L 3:00 Soothing Music -- W 3:30 Game Time - L</p> 	<p>29 <u>Namaste</u> 9:30 Morning Stretch - L 10:00 Vacation Getaway - L 11:00 Small Group - QR 11:00 Setting our table - L 12:00 Chats with you - W 1:30 Reminisce - L 2:30 Visits with you - W 3:30 Coloring fun - L 4:00 Preparing our table - L</p>	<p>30 9:30 Morning ADL's - L & W 10:00 <u>Beauty Shop</u> 10:00 Games of Movement - L 11:00 Setting our table - L 2:00 Popcorn & Pop 3:00 Small Groups - QR & L 4:00 Visits with you - W 4:00 Preparing our table - L 4:30 Music We Love - L & W</p>	<p>31 <u>Tater Day</u> <u>Namaste</u> Smookey visits 9:30 Brain Games - L 10:00 Sensory Groups - W & L 11:30 Visits with you - W 2:00 Reminisce - L 3:00 Sensory Groups - W & L 4:00 Preparing our table - L 4:30 Visits with you - W 6:45 Evening Service - Chapel</p> 	<p>"Namaste - "Honoring the Spirit Within" <i>Is provided every Monday and Wednesday at 10 am for scheduled Residents.</i></p> <p>ALL ACTIVITIES ARE SUBJECT TO CHANGE CHANGES WILL BE ADDRESSED AT PRE-MEAL ANNOUNCEMENTS</p>	<p>Activity Location Key: </p> <p>AR - Activity Room 1st floor CR - Craft Room 1st floor GL - Grand Lobby 1st floor JJ - Java Junction PDR - Private Dining Room 1st floor MR - Movie Room 1st floor QR - Quiet Room across from Nurses station RR - Recreation Room ground floor Courtyard - ground floor outside</p>	