

# NEXT Steps: Midlife and Beyond



*You are invited to enroll in this 14-week process of self-discovery. For more information, contact Steve Lawler, Director of Walker Leadership Institute at Eden Seminary, at [slawler@eden.edu](mailto:slawler@eden.edu).*

## NEXT Steps: Vocation and Aging

NEXT Steps introduces participants to theological and psychological concepts of vocation and aging. It is a gathering for adults contemplating or entering retirement, and those who are recently retired.

## Participation

NEXT Steps participants follow a 14-week process of self-discovery through readings, presentations, small group discussions, and discernment. All classes will meet via ZOOM. By the end of the course, participants will have developed a plan for their next phase of life.

## Orientation

Rev. Beth Long-Higgins, Rev. Steve Lawler, and Jill Schantz would like to invite you to an optional brief orientation to the course and introduction to the instructors on August 31 at 5:30 CST/6:30 EST. This meeting will answer questions of logistics, introduce the instructors, and generally try to make the opening day of NEXT Steps as smooth as possible.

## Cost

The cost is \$500

## Text

- *Creative Aging* by Marjory Zoet Bankson

Other readings, digital resources and personal and group exercises will be assigned throughout the course.

## Course Schedule

NEXT Steps will have our first meeting on Tuesday August 31, 5:30 pm CST/ 6:30 pm EST for approx. two hours. The remaining meetings will all meet for two hours September 1 and 21, October 5 and 19, November 2, 16, and 30, December 4.



[www.eden.edu/nextsteps/](http://www.eden.edu/nextsteps/)