



A series of Zoom courses designed to create community and conversation around spiritual life, encouraging older adults to learn, grow and share together.

Fall Shorts: Reflections on Life Through Film

Storytelling has the ability to engage, inspire, and connect us. Using four short films (20 minutes or less) from the Foundation of Arts and Healing Film Festival, we will watch the films followed by a conversation about the film's themes. So, grab your later afternoon popcorn or snack of choice, open the zoom link and sit back as we watch the film and explore themes of life through documentary, docu-drama, fictional and animated storytelling.



Course Facilitator: Rev. Beth Long-Higgins, director of the Ruth Frost Parker Center for Abundant Aging at United Church Homes

Beth joined the UCH staff in 2013. Prior to her call with United Church Homes, she served as co-pastor with her spouse, Dave, for 25 years in two United Church of Christ congregations in Ohio and Kentucky. Beth is a musician, a quilter and enjoys travel and films that tell stories well.



Day/Time

Wednesdays from 4:00 – 5:00 (Eastern time), beginning October 5, 10/12, 10/26, 11/2

What You'll Need

No prior reading or homework will be required. You will need a computer/tablet/phone on which you can watch via Zoom and the desire to connect with others through conversations about film and life.

Offered to You at No Cost

Thanks to donations from generous supporters and a grant from the United Church of Christ Heartland Conference, the UCH Parker Center is able to offer Enliven programs at no charge. Your only commitment is to participate in each session or let the facilitator know if you can't be present.

So that we can better prepare for the first session, **please register no later than Monday, Oct. 3.**

To Register, email KMoeller@uchinc.org. Please include first and last name.



**RUTH FROST PARKER
CENTER FOR
ABUNDANT AGING**