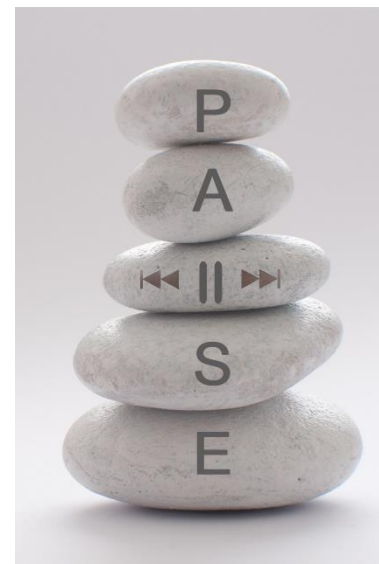




*A series of Zoom courses designed to create community and conversation around spiritual life, encouraging older adults to learn, grow and share together.*

## **Intermissio: A Pause to Listen in a More Profound Way**

Join us in an opportunity to pause together, listening and seeing in a deeper way. We will have the space to experience poetry, music, art, and writings of wisdom, sharing periods of silence and words of reflection, attentive to the divine touch. Having done so, we will then take time to consider and discuss what we have found meaningful. Each zoom session will be one hour in length.



**Facilitator: Dr. Steven Geitgey, adjunct faculty, Epiphany Academy of Formative Spirituality**

Steven Geitgey teaches in Epiphany Academy of Formative Spirituality's spiritual direction certification program. He also leads adult faith formation groups in a variety of ecumenical settings. He has a PhD from Duquesne University focused on spiritual writing from the late medieval and early modern eras, as well as a post-graduate teaching certification in formative spirituality. In his spare time,

Steve creates synthesizer music and has played drums in a jazz band.

### **Day/Time**

Wednesdays, 2:00 – 3:00 EDT beginning October 12, 10/19, 10/26, 11/2, 11/9, 11/16 (6 sessions)

### **What You'll Need**

No prior reading or homework will be required. You will need a computer/tablet/phone on which you can watch via Zoom and the desire to take a time each week for silence and words of reflection.

### **Offered to You at No Cost**

Thanks to donations from generous supporters and a grant from the United Church of Christ Heartland Conference, the UCH Parker Center is able to offer Enliven programs at no charge. Your only commitment is to participate in each session or let the facilitator know if you can't be present.

**To Register**, email [KMoeller@uchinc.org](mailto:KMoeller@uchinc.org). Please include first and last name.



**RUTH FROST PARKER  
CENTER FOR  
ABUNDANT AGING**