Community, Wholeness and Peace for Older Adults



Since **United Church Homes** was founded 107 years ago by local church pastors in a time of ethnic discrimination, poverty and pandemic, our mission has centered on the quality of life for older adults. Over the years, people and situations have changed but our focus has continued to be concerned about the housing and health of our oldest neighbors. Today, we

are a leading provider of nonprofit healthcare and senior living services with a mission to transform aging by building a culture of community, wholeness and peace for the almost 6,000+ people we serve.

Our century-long mission continues to be inspired by our faith-inspired values of *compassion and hospitality, respect and integrity, stewardship and transparency*. This mission continues to be supported by congregations and members of the United Church of Christ.

Today our vision has expanded to include a new service supporting those living in their own homes as we help them navigate decisions managing their day-to-day activities and other needs. **NaviGuide** offers trained Service Coordinators who can create personalized solutions to prioritize family needs and goals.



Scan me! NaviGuide

United Church Homes' Ruth Frost Parker Center for Abundant Aging continues to NaviGuide provide education and resources for individuals and congregations to tend to the spiritual needs of later life. The new Abundant Aging Older Adult Ministry Network provides a forum for mutual learning and sharing of clergy and congregational leaders as we find ways to expand ministries for our older members.

Your gifts to UCH are vital to support new services like NaviGuide, continue vital resources provided by The Ruth Frost Parker Center for Abundant Aging and sustain innovative programming like Music and Memory or Opening Minds Through Arts programs for those living in our communities as we encourage residents to live fulfilled lives. Your donations help bridge the gap between the actual cost of care and the reimbursement provided to UCH through Medicaid and Medicare programs. Donations can also be designated to help support the development of new communities, like the innovative **Longfellow Community** under construction in Dayton, Ohio that will be a 55+ residential community welcoming a diverse population with particular attention to the needs of the LGBTQ+ community.

Thank you for your support as we venture into this next century of change and expansion of what it means to age abundantly! Check out some of the resources available at **The Parker Center**.

- Subscribe to the weekly Abundant Aging blog which now includes three questions to enable use for personal or small group exploration and a printable pdf version to easily share.
- Check out our new podcast series which features practical information and wisdom from our experienced service coordinators, conversations with thought leaders and exploration of those working on innovations for older adults in the tech space.
- Like and follow our Facebook pages at United Church Homes or the Abundant Aging Older Adult Ministry Network pages.
- Try one of the Parker Center's online Enliven Courses to explore and nurture your spiritual life.
- Plan to attend this years' annual Symposium on October 6 in Columbus, Ohio as we explore the implications of Ageism in the world around us.